DIP-A-2001 **LCS-1X**

VOCATIONAL DIPLOMA EXAMINATION – AUGUST 2025.

LIFE COPING SKILLS

Time : 3 hours Maximum marks : 70

PART A — (3 × 3 = 9 marks)

Answer any THREE questions out of Five questions in 100 words.

All questions carry equal marks.

1. What is the meaning of coping?

   சமாளிப்பது என்றால் என்ன?

2. What is Self Esteem?

   சுய மரியாதை என்றால் என்ன?

3. What is positive thinking?

   நேர்மறை சிந்தனை என்றால் என்ன?

4. How to help a depressed person?

மனச்சோர்வடைந்த நபருக்கு எவ்வாறு உதவுவது?

5. What is the meaning of problem solving?

சிக்கலைத் தீர்ப்பதன் அர்த்தம் என்ன?

PART B — ($3 \times 7 = 21$ marks)

Answer any THREE questions out of Five questions in 200 words.

All questions carry equal marks.

6. Explain four stages from motivation to demotivation.

உந்துதல் முதல் குறைதல் வரை நான்கு நிலைகளை விளக்குக.

7. Describe about some obstacles to success.

வெற்றிக்கான சில தடைகள் பற்றி விவரிக்கவும்.

8. What are the strategies of managing conflicts?

மோதல்களை நிர்வகிப்பதற்கான உத்திகள் என்ன?

9. Describe about career planning.

தொழில் திட்டமிடல் பற்றி விவரிக்கவும்.

10. What are the symptoms of alcoholism?

குடிப்பழக்கத்தின் அறிகுறிகள் என்ன?

PART C — ($4 \times 10 = 40$ marks)

Answer any FOUR questions out of Seven questions in 500 words.

All questions carry equal marks.

11. Explain the steps for decision making process.

முடிவெடுக்கும் செயல்முறைக்கான படிகளில் விளக்கவும்.

12. Write the ten Principles for Managing problems positively.

பிரச்சனைகளை நேர்மறையாக நிர்வகிப்பதற்கான பத்து கோட்பாடுகளை எழுதுங்கள்.

13. Explain about coping with HIV-AIDS.

எச்ஐவி-எய்ட்ஸ் நோயை சமாளிப்பது பற்றி விளக்கவும்.

14. What is change? Explain the twelve steps to implement change?

மாற்றம் என்றால் என்ன? மாற்றத்தை செயல்படுத்துவதற்கான பன்னிரண்டு படிகளை விளக்குக.

15. Write in detail about tips for time management.

நேர மேலாண்மைக்கான குறிப்புகள் பற்றி விரிவாக எழுதுங்கள்.

16. Write about the preparation for employment.

வேலை வாய்ப்புக்கான தயார்படுத்துதல் பற்றி எழுதுங்கள்.

17. List out the manifestation of low self- esteem in detail.

குறைந்த சுயமரியாதையின் வெளிப்பாட்டை விரிவாக பட்டியலிடவும்.

———————

DIP–A–2002 **CNS–1X**

VOCATIONAL DIPLOMA EXAMINATION – AUGUST 2025.

COMMUNICATION SKILLS

Time : 3 hours Maximum marks : 70

PART A — (3 × 3 = 9 marks)

Answer any THREE questions out of Five questions in 100 words.

All questions carry equal marks.

1. What is information?

2. What is the top-down style of leadership model followed by men?

3. What is Dyadic communication?

4. What is active listening?

5. Fill in the blanks with the following words (can, might)

   (a) I will do it if I ————————.

   (b) She said that it ———————— rain.

   (c) ———————— You lend me your pencil.

PART B — (3 × 7 = 21 marks)

Answer any THREE questions out of Five questions in 200 words.

All questions carry equal marks.

6. Write the difference between intra-personal and inter-personal Communication

7. How does Jargon affect effective communication?

8. What are the parameters in group discussion?

9. What are the five ways to make audience sit up?

10. Rearrange the words to create a meaningful sentence
    (a) Books / bought / I / two / shop / in / the
    (b) On / iron / is / table / the
    (c) Everywhere / is / air
    (d) In / her / there / are / flowers / many / garden
    (e) Dark/ not / do / in / play / the
    (f) Are / five / there / in / room / the / chairs
    (g) Home / mother / is / your / at

PART C — (4 × 10 = 40 marks)

Answer any FOUR questions out of Seven questions in 500 words.

All questions carry equal marks.

11. What are the main parts of a formal letter?

12. Discuss the basic rules for delivering negative feedback to others.

13. Write about Drafting a speech and importance of drafting a speech.

14. Ravi request Sneha to lend him a library ticket — Write a dialogue between them.

15. Explain the factors that contribute to group worthiness.

16. Write a letter to the postmaster requesting him to redirect your letter to the new address.

17. Read the following passage and answer the question given below:

    There was a farmer in a village. He had three sons. They always quarrelled with each other. The father was not happy about their behaviour. He tried hard to bring them into union. All his efforts ended in vain. The father was also getting old. He was worried and he called his sons. He begged them to stop fighting. But his sons did not listen to him. They continued their quarrel.

    One day the father fell ill. He called his sons, "My dear sons", I have nothing to leave behind you except this piece of field. If you work together in the garden, you will make your living. Even that did not stop them from quarrelling. The father was depressed.

Suddenly, the farmer got an idea. He called out his sons and asked each of them to bring two sticks of same height and thickness. When they returned with the stick, the farmer took on stick from each of them and tied the three sticks together. Then he asked them to break the single stick in their hand. The brothers broke their sticks very easily. Then the farmer gave the bundle of sticks to the first son. He asked him to break the bundle. He tried to break it but could not. The second and the third sons too tried it. They also could not break the bundle.

(a) How many sons did the farmer have?

(b) What did they always do?

(c) What did the farmer ask his sons to bring?

(d) Did the Sons break the sticks in their hands?

(e) Why was it difficult for them to break the bundle?

(f) The moral of this story is ————————

(i) Breaking one bundle is difficult

(ii) Unity is strength

(g) Give a suitable title for the passage

(h) How would you describe the farmer

(i) Intelligent man

(ii) hard working person.